

# Canteen Menu

## Recess Items

- ◆ Snack Cup.....\$2.20  
*Ham, Cheese, Crackers, Veggie Sticks*
- ◆ Veggie Sticks with Hummus.....\$2.20
- ◆ Popcorn .....\$1.10  
*with BBQ Spice (or Plain)*
- ◆ English Muffin Cheesie.....\$1.20
- ◆ Fruit Salad.....\$2.20
- ◆ Yogurt & Muesli.....\$2.40  
*with mango & passionfruit pulp*

## Muffins

\$2

- ◆ Apple and Cinnamon
- ◆ Mixed Berry
- ◆ Choc Banana

Millen Primary complies with the Traffic Light System recommended by the WA School Canteen Association.:  
- At least 60% of food choices are classified **GREEN**  
- No more than 40% of food/drink choices are **AMBER**  
(not everyday foods)

## Lunch Items

### Sushi

\$4

- ◆ Vegetarian
- ◆ Tuna Roll
- ◆ Teriyaki Chicken

*Soy Sauce optional*

+ boiled egg \$1

### Salad Bowls

- ◆ Salad Bowl.....\$3.50  
*Lettuce, Tomato, Capsicum, Cucumber, Carrot*
- ◆ Chicken and Salad Bowl.....\$4.50  
*Shredded Breast Chicken, Lettuce, Tomato, Capsicum, Cucumber and Carrot.*
- ◆ Ham and Salad Bowl.....\$4.50  
*Ham, Lettuce, Tomato, Capsicum, Cucumber and Carrot*

### Drinks

\$2.20

- ◆ Apple
- ◆ Orange
- ◆ Tropical

### Wraps & Rolls

- ◆ Egg and Salad Roll.....\$4.30
- ◆ Chicken and Salad Wrap.....\$4.50
- ◆ Ham and Salad Wrap.....\$4.50

**GLUTEN FREE**  
Wraps / Rolls /Pasta Add 50¢

- ◆ Beef Burger *with Cheese and Salad*.....\$5.00
- ◆ Pasta with Bolognese sauce.....\$5.00

### Hot Foods

\$3.80

- ◆ Pre-made Pizza  
*Ham, Cheese and Pineapple*
- ◆ Ham and Cheese Toasted Sandwich  
+ Tomato.....\$0.20  
+ Vegan Cheese.....\$1.00
- ◆ Sausage Roll  
+ Tomato Sauce.....\$0.25

**Don't forget to BYO Cutlery for Yoghurt and Muesli, Fruit Salad, Salad Bowls, and Pasta**