

CANTEEN MENU

Term 4, 2024

MILLEN PRIMARY COMPLIES WITH THE TRAFFIC LIGHT SYSTEM RECOMMENDED BY THE WA SCHOOL CANTEEN ASSOCIATION.

- AT LEAST 60% OF FOOD CHOICES ARE **GREEN**
- NO MORE THAN 40% OF FOOD/DRINK CHOICES ARE **AMBER** (NOT EVERYDAY FOODS)

RECESS ITEMS

SNACK CUP HAM, CHEESE, CRACKERS & VEGGIE STICKS	\$3.00
VEGGIE STICKS SERVED WITH HUMMUS	\$2.50
POPCORN SERVED PLAIN OR WITH BBQ SPICE	\$1.50
ENGLISH MUFFIN CHEESIE HALF ENGLISH MUFFIN TOPPED WITH CHEESE AND OVEN BAKED	\$1.50
FRUIT SALAD CUT UP SEASONAL FRESH FRUIT	\$3.00
YOGHURT & MUESLI SERVED WITH SEASONAL FRUIT OR + COCONUT YOGHURT ALTERNATIVE	\$3.20 \$0.30
CORN FRITTERS (SERVED WARM) + / - TOMATO & PINEAPPLE SALSA	\$3.00 \$0.50

HOMEMADE MUFFINS

Only available for Recess

APPLE & CINNAMON
MIXED BERRY
CHOC BANANA

\$3
each

DRINKS

Only available for Lunch

APPLE
ORANGE
TROPICAL

\$2.20
each

LUNCH ITEMS

SUSHI ROLLS & STICKS

Soy sauce optional

VEGETARIAN

TUNA

TERIYAKI CHICKEN

\$4.80
per roll

\$3.00
per stick

SALAD BOWLS

SIMPLE SALAD LETTUCE, TOMATO, CAPSICUM, CUCUMBER & CARROT	\$3.50
+ SHREDDED CHICKEN BREAST	\$1.00
+ SHAVED HAM	\$1.00
+ BOILED EGG	\$1.00

WRAPS & ROLLS

Gluten Free Wraps & Rolls add 50c

+ Boiled Egg \$1

ALL WRAPS & ROLLS ARE SERVED WITH MAYO

EGG & SALAD ROLL	\$4.30
CHICKEN & SALAD WRAP	\$4.50
HAM & SALAD WRAP	\$4.50
CHEESE & SALAD WRAP	\$4.00
VEGAN SALAD WRAP SERVED WITH HUMMUS (NO MAYO)	\$4.00

HOT FOODS

Gluten free pasta, bread & burger roll add 50c

PASTA BOLOGNESE	\$6.00
BUTTER ONLY	\$3.80
+ GRATED CHEESE	\$0.20
CHICKEN TENDERS (x3 tenders per serve)	\$4.50
+ VEGGIE STICKS	\$0.50
+ TOMATO SAUCE	\$0.25
+ SWEET CHILLI SAUCE	\$0.25
BEEF BURGER with cheese & salad	\$5.00
PRE-MADE PIZZAS PINEAPPLE PARADISE (HAM, CHEESE & PINEAPPLE)	\$4.50
MARGARITA MAGIC (CLASSIC TOMATO & CHEESE)	\$4.50
TOASTED SANDWICH HAM & CHEESE + / - TOMATO	\$4.50
CHEESE +/- TOMATO	\$3.80
SAUSAGE ROLL + TOMATO SAUCE	\$4.50 \$0.25